



Sydney News and Information Bulletin

SNIB

April 2019

Càisge Shona



Happy Easter

From the Chair.....



Welcome, All, to the first SNIB for 2019. Dancing is again well underway and life is becoming exhausting - but it's also exciting.

I would like to express my thanks to all who have helped me in the past 12 weeks. Starting the year with a broken wrist was not what I'd have chosen, but with so many offers of help, I managed quite well. Thanks to the dancers who transported me and goods to and from classes and Katoomba, and all the other ways you helped me, not the least being the consideration I was given on the dance floor, with my painful appendage! Pat Charlton even wrote a totally right-handed dance for me! (and all who don't know which hand is which!)

Katoomba weekend was a great success, and you can read all about the other classes and workshops we've already had in 2019 in this issue of SNIB. Watch the website for a lot more to come.

Don't forget our Annual Ball on 22nd June, We are now working towards a wonderful evening of music and dance.

Happy Dancing, and I hope to see you all on the dance floor soon.

Jeanette Stephan

President

P.S - Have you seen the new RSCDS Headquarters website? New & improved and very user friendly. Check it out at :www.rscds.org to keep up to date on what is happening in SCD around the world. (Ed)

Day of Dance



Our annual **DAY OF DANCE** was again held this year at Ermington on the first Saturday of February. It's our introduction to the dancing year, and is free to all members of the RSCDS or those who join on the day.

It was well attended with 4 sets on the floor at all times, with some people coming and going throughout the day.

Our theme this year was "*Scotland Downunder*". Nine dances were taught throughout the day by Debbie, Diana, Ruth, Anna and Jeanette. All the dances had connections to Australasia - local devisers (Olivia Roberts, Heinz DUEWELL and Pat Charlton), overseas devisers for Australian places (John Drewry) and even "*Antarctica Bound*" as we travelled downunder. All dances were fun and not too difficult, so everyone mixed well, chatted over lunch and had a great day.

The raffle for the drought appeal was drawn and the lucky winners of a bottle of whisky and box of shortbread were Nea MacCulloch & Bill Unger.

A total amount of \$362 was raised and donated to the Country Womens' Association for distribution at their discretion. Many thanks to all who purchased tickets and congratulations to the winners. Jeanette Stephan.



New Zealand Summer School 2018/19

The recent New Zealand Summer School was held in Nelson, with all dancing activities centered within the suburb of Stoke. I was particularly excited about this year's school as it was not only my first time teaching at a residential school but also my first time teaching abroad. I had been assigned the Senior JAM (Junior Associate Member) class which covers ages 13 to 19. The teenagers in this class have generally been dancing for several years and have almost infinite supplies of energy. I practically rubbed my hands with glee thinking of high energy dances and fun formations with which to challenge them. I found being on the staff much less physically exhausting than being a dancer on the course, but it was, of course, more testing mentally: looking over lesson plans each evening and morning, making alterations where needed and trying to commit as much of it as possible to memory. I shared a room with another teacher on the course so it was a frequent occurrence that we were both walking through geography and muttering in opposite corners of the bedroom!

The first evening brought us all together for a fun opening social dance MC'd by the ever entertaining Cairistiona Tait of Melbourne, with music from "Wild Heather".

Classes began the following day with Duncan Brown from Exeter teaching the Very Advanced High Impact Class. He very quickly gained a reputation for liking wide sets, and by the end of the week this class had all extended their steps to suit. Meanwhile my class of one set had an entire basketball stadium to stretch out in...and shoot a few hoops before the start of class. Many of the School attendees took the opportunity to join the bus trip to see the "World of WearableArt" exhibition in Nelson that afternoon. The evening's social was MC'd by Sue Bowater with music from Iain Matcham and Jason Morris who were also first timers on the Summer School staff.

Day 2 saw a large group gather to try out the afternoon's offering "Highland Steps" with Duncan Brown. A

few soon discovered it was as hard as it looks and joined those who were attending merely to watch (or heckle from the sides). We were taught strathspey and reel steps for using in The Glasgow Highlanders and The Eightsome Reel (which would both feature on evening programmes that week). Those left standing were then ready to learn The Shepherd's Crook danced in groups of three. That evening was the Fancy Dress dance with the theme of "World of WearableArt". Several dancers chose to compete for the "Best Bra" category since "Bizarre Bras" is a feature of the WOW exhibition. A fun programme was MC'd by Helen Wyeth and Helen Oliver (two of New Zealand's young dancers).

Day 3 was Hogmanay. A tradition of the summer school is to dance the Thirty-twosome as the first dance after midnight. Duncan and I had been roped into leading the afternoon practice session, which ended up in a field as there was nowhere large enough at the motel. The evening was MC'd by Debbie Roxburgh and included the usual NZSS midnight traditions of pausing for a sing along, watching the Reaper and the Sweeper, listening to the chimes and having a First Footer and piper share a dram with the branch president. The dancing then recommenced with the Thirty-twosome or Eightsome Reel followed by The Glasgow Highlanders, then there were only two dances left.....and after that anyone who was still standing joined the after party at the motel until dawn was threatening.

After a much needed day off on New Year's Day we were all back at class for the second half of the week. Now it was my turn to teach an afternoon session; Ladies Step. Many of the same dancers who had attended the Highland Steps session came along, so their previous learning stood them in good stead to tackle the easier version of Blue Bonnets. Those who still had energy and elevation after that were taught four steps of Flora MacDonald's Fancy. That evening was the President's Ball so we all donned our best outfits, enjoyed a convivial drink and danced the night away thanks to Jeanette Watson's clear recaps.

The Day 5 afternoon activity was a bus trip to the charming seaside village of Mapua, which was enjoyed by all who went. The evening's entertainment was provided by the school attendees themselves in the form of The Ceilidh, MC'd by NZ branch president, Elaine Laidlaw. Many showcased their talents to the audience who enjoyed the music, singing, dancing, storytelling and poetry. There was even the chance to join in with a few ceilidh dances in between items. Highlights for me included watching my class perform a dance which one of them had devised, seeing the junior JAM class (all four of them) perform a dance specially choreographed by their teacher, Hazel Fish, and hearing the Plank twins sing "Hallelujah". All this and more can be seen at <https://www.facebook.com/NZBranchSummerSchool/>

The final day saw us all assemble for the Mock Court to find out who had been dobbed in for which misdemeanours. Crimes included identity fraud; littering; making up new phrases and expecting them to be included in the next edition of the manual; applying for gender reassignment; being disrespectful to the branch president and using demeaning names for members of staff. Punishments were varied and entertaining. Thankfully the hangman's noose went unused, although the water pistols were put to good use. The final evening social was MC'd by Graeme Plank and was a very enjoyable way to round off the week.

More photos can be viewed and purchased at <https://www.timcuff.co.uk/p337124797>

Diana Hastie



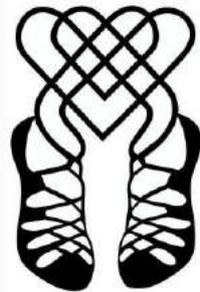
Alisomar Weekend November 2018
San Francisco USA



Many of the Sydney dancers have had the privilege of dancing to the superb music provided by Chris Duncan and Catherine Strutt at many events around Sydney. Chris and Catherine are just back from touring the San Francisco Bay area, USA. They were rapturously received by the locals. Where they played for a house concert, Musician's workshop, classes and the Kim McGarrity Memorial Ball at the RSCDS San Francisco Branch's Asilomar Weekend. The Ball saw 250 dancers and spectators revel in the music provided by Chris and Catherine and a short snippet can be seen on the Dancedownunder – RSCDS Sydney Facebook page. Copies of their CD, *Carriages at Midnight* - www.carriagesatmidnight.org, sold out but thankfully you can still get a copy via the website. There is already talk of a possible extended future tour so make sure that you catch them at a Sydney event soon!

Michael Darby
SoTR

“Scots on the Hill”, Bodalla



27.Feb.2019

How true are Dr. Jean Milligan's words today; “The music is the stimulus of the dance and the dance should be the physical expression of the music.” I would like to extend the quote by adding, not only the physical, but the emotional, social and spiritual expression of the music.

Eurobodalla Council “Live Active” coordinator approached us to be involved in the Seniors Week celebration; with the theme, “Love your Life.” Council had sent a survey to seniors in the Eurobodalla asking what type of sporting activities they would like to participate in. The response was over 42% of respondents wanted to dance.

So “Scots on the Hill”, participated in the celebration day by having 2 audience participation dances, 2 dances to show what a class would involve and a demonstration dance. It was a resounding success, with a big audience involvement and smiles all round. We shared the day with the Tuross Boot Scooters, Narooma Ballroom dancers and the Nye Boys Indigenous Dance Group. As can be seen by the photos people were enjoying themselves.

Research has shown that dancing:

- Minimises symptoms of depression
- Improves strength and balance
- Reduces joint pain and stiffness
- Protects your heart and
- Defends against dementia





Janine Holden
Scots on the Hill, Bodalla

Katoomba March 2019 A Sydney Branch Residential Weekend

Over fifty dancers gathered at the YHA Katoomba on Friday afternoon, 1st March. They soon settled in with beds made, duty roster checked, pre dinner drinks and dinner behind them by 7.30pm. What followed was a couple of hours of fun and dance with Pat and Brian. Who knew so much laughter would be generated by adults playing “pass the parcel” with balloons or a game with Smarties? The Katoomba Quiz provoked some interesting discussion in the groups and there were some surprising answers. The final non-dance activity was Katoomba Bingo which incorporated lots of SCD terms. Brian incorporated several easy dances, including ‘Katoomba Mist’ during the evening.

Saturday dawned dry and fine and all enjoyed the uphill ‘stroll’ to St Hilda’s church there to face the unknown - Mel Roome, our teacher from Tasmania. We needn’t have worried. She very gently put us through our warm-ups and stretches before tackling the dances she had in store for us. They were Saturday Welcome, Goodhearted Glasgow, The Committee Meeting, Trip to Paradise, Flights of Fancy and The Flower Lady. The morning flew by and after a delicious lunch those not exploring the township, or the back of their eyelids, were treated to a few dances by our very own Debbie Baker in the YHA ballroom. One of the highlights was when a set was issued with slings to learn the dance “She’ll Be Right” devised for Jeanette who has been nursing a broken left wrist.

Saturday evening social saw us joined by a contingent from the Blue Mountains group led by Bob Reyswood. Brian was MC and ably took us through the program of popular dances. It was good to see everyone birling as the dancing ended with “Scott Meikle”. Supper followed at the YHA.

Unbelievably, Sunday was also fine and dry with not a cloud in sight. This time there was a less strenuous walk to the hall at the local primary school and everyone eagerly looked forward to another session with Mel who did not disappoint. Dances were Down Unda, Short and Very Sweet, Iona Cross, The Scallywag, Chased Lovers and The Craven Twelvesome.

Throughout the weekend, thanks to the committee members and others, there was delicious home prepared food for all meals and snacks with plenty of choice for those with special requirements. A special thanks must go to Jeanette who organised it all from booking halls, teacher and the YHA accommodation right down to purchasing the last tomato. Without her it would not have been possible. We will be back next year, same place, same weekend. Can't guarantee the same weather!

NB

Following on from the quiz...

*The **Hendra virus** is a **virus** that mainly infects large fruit bats (flying foxes) which can be passed on to horses. The infection has occasionally been passed onto people who have been in close contact with an infected horse. The virus was discovered following an outbreak of illness in a large racing stable in the suburb of Hendra, Brisbane in 1994.*

Pat Charlton





"She'll Be Right" by Pat Charlton

This dance was devised for Jeanette Stephan who carried on teaching and dancing with a painful broken left wrist.



Reel 8x32 for 3 couples in a 4 couple set.

1-8 1st couple cast off 2 places, cross right hand as 2nd couple step up, cast up to second place, turn right hand to face 1st corners.

9-16 Half right shoulder reel of 4 with 1st corners, pass right shoulder, half right shoulder reel of 4 with 2nd corners, pass right shoulder.

17-24 Repeat bars 9-16 with 3rd and 4th corners to finish in 2nd place on own side.

25-32 1st woman with 2nd couple, 1st man with 3rd couple right hands across. 1st couple turn right hand to finish facing out ready to repeat from 2nd place.

NB - After 2nd time through stay facing out and dance to foot as 4th couple step up and new couple begin.

Pat Charlton, February 2019.

Slippery Dance Floors - please use caution



Many dancers use slip stop (or equivalent) to prevent slipping while dancing, others prefer to dampen their dancing shoes perhaps with a wet towel on the floor. While either method functions well in isolation, it turns out that in combination one ends up with a slippery slime which becomes "Super Slip".

Teachers/MCs and dancers please try to stick to one method only at a time in a hall, and then in moderation, to minimise the risk of falls.



Hunter Valley Day of Dance Saturday 4th May 2019

Come and join the Hunter Valley Branch and dance the day away with visiting teachers Damon Collin & Gaye Collin from New Zealand

Where: East Gosford Progress Hall

Cost: \$10

Bring: Lunch, Mug, Water Bottle & Name Tag

Enquiries: Kathryn Bourke 0403 762775 or email hvrscds@gmail.com

Killara Social

At the Killara Social, held on Saturday evening 23rd March, the hall was decked out with colourful tartans, and so were the dancers! It was marvellous to see so many people attending from far and wide, and in such colourful attire. There was a piper playing for the guests upon their arrival at the hall, some of the time in the rain, showing great dedication! We were fortunate and excited to have Iain Mckenzie providing the very fine music. It was wonderful to have Jan and Anna calling the dances. When one of them wasn't calling they were able to join in the dancing fun. In the kitchen, we were very grateful for volunteer Chef, Iggy, who took charge in preparing the sumptuous supper. Punch and water were in plentiful supply, which was necessary, as it was a fairly warm evening. The fans were working overtime! All in all it an extremely enjoyable evening of dance. As you can see from the photos there were smiles all around, and some nice straight lines! Many thanks to the Killara dancing community (and their families), for their tremendous efforts and dedication in making the Killara Social a great event. Instrumental in the success of the social was Jan's well devised program. A big thank you also to all the dancers from the broader SCD community for attending.

Lyn Falck
Killara Secretary



Vale Mignon Gardner

"A lovely lady"

A former dancer from Fort Street, Mignon passed away at St George Hospital on 3rd March 2019.

I had seen her a couple of times over the last 12 months and she was still the same lovely lady I had always known.

Sharp intellectually and remembering fondly her SCD days.

She was 91 years old, so again SCD keeps you young!



St Andrews Summer School 2019

14 Jul – 11 Aug

Four weeks of dancing in St. Andrews

Summer School; an action packed four weeks of dancing in the historic university town of St Andrews. Join some 700 dancers from as far afield as South Africa, North and South America, Japan, Australasia, China, continental Europe and, of course, Scotland and the UK. To lead the classes we have the best Scottish country dance teachers and musicians in the world. Not an RSCDS member? You can still experience the special atmosphere of Summer School, as some events are open to all dancers. Courses running over the 4 weeks cater for all abilities from social dancing to very advanced and teachers' courses. Week 4 teachers' include our very own Diana Hastie.

For more information go to: www.rscds.org/events/summer-school-2019



Stop Press!!

2019 Melbourne Winter School is booked out
2020 Winter School will be hosted by RSCDS Western Australia - pencil in *Sunday 27 September -
Sunday 4 October - further details to follow over the next few months.*



Scottish Country Dancer Magazine

Jimmie Hill is SCD magazine editor and would like more clubs, branches & groups to have the opportunity to publish articles in this international magazine. If you would like to submit a piece for consideration please email: Mag.Editor@rscds.org or visit www.rscds.org/about/members-magazine/adverts-submissions. A 200 word limit per group submission is required. Closing date for the Autumn edition 2019 is the 1st August.

Sydney Branch Teachers' Liaison Group 2019 Core Dances

Dance Name	Book	Main Formations
JIGS		
The Laird of Milton's Daughter	22	Corner chain, Hands round & back
City Lights	52	Allemande turn, Chase, Hands across
Links with St Petersburg	46	Set & link, Set to corners & partner
The Chequered Court	42	Corners pass & turn, Double triangles, Reel of 3
REELS		
The Kissing Bridge	47	Poussette, Reel of 3
The Rutland Reel	48	Ladies' chain, Men's chain, Reel of 3
The Countess of Dunmore's Reel	49	Chain progression for 3 couples
Inverneill House	35	Double figure of eight, Petronella turns
STRATHSPEY		
Ysobel Stewart of Fish Hoek	52	Tourbillon, Half reel of 4, Hands round
The Wishing Well	44	Poussette, Hands round
Moment of Truth	37	Corners pass & turn, Turn corners & partner, Reel of 3
The Bonnie Tree	46	Hands round, Half turn & cast
Miss Eleanor	49	Bourrel for 3 couples, Reel of 3, Hands round & back

MEDLEY

MacDonald of Keppoch

49 Rights & lefts, Reel of 4

Dancing Achievement Award - Intermediate Level



Expressions of interest are being requested by TLG in regards to the Dancing Achievement Award - Intermediate Level.

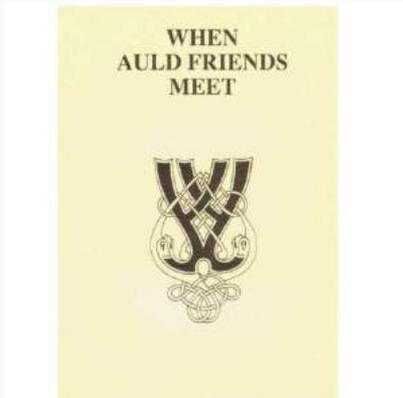
Develop your personal dancing through individual critique and teamwork

- Course to be held in Spring 2019, running for 4-5 weeks
 - Cost \$100, includes assessment fee
 - You will be required to learn prescribed dances prior to the course
 - At assessment you will dance a reel, a jig and a strathspey as first couple
 - Contact moragnap@optusnet.com.au for further enquiries or EOI as soon as possible.
 - For detailed information about DAA please go to: www.rscds.org/article/dancing-achievement-award-daa
-

From the Book Shop

THE KILMARNOCK ALBUM





Iain Boyd has produced two more dance books and a third one is almost ready – hopefully by the end of April.

Iain will be in Melbourne in early May and has offered to send any orders to me while he is visiting Australia. Iain also has many of his other dance books available. Below is a list of all the books and albums he has published.

Brian Charlton, March 2019.

<u>All Kinds Of Everything</u>	<u>Iain Boyd</u>	1987
<u>The Cairdin' O't</u>	<u>Iain Boyd</u>	1990
<u>Happy to Meet</u>	<u>Iain Boyd</u>	1977
<u>Katherine's Book</u>	<u>Iain Boyd</u>	1970
<u>The Kilmarnock Album</u>	<u>Iain Boyd</u>	1991
<u>The Lord of the Rings Collection</u>	<u>Iain Boyd</u>	1992
<u>May I have the Pleasure?</u>	<u>Iain Boyd</u>	2017
<u>The South Gate</u>	<u>Iain Boyd</u>	1991
<u>The Southern Cross Album</u>	<u>Iain Boyd</u>	0
<u>The Strathclyde Album</u>	<u>Iain Boyd</u>	0
<u>The Strathtay Album</u>	<u>Iain Boyd</u>	1969
<u>The Tokyo Set</u>	<u>Iain Boyd</u>	2010
<u>Vive La Danse!</u>	<u>Iain Boyd</u>	2018
<u>When Auld Friends Meet</u>	<u>Iain Boyd</u>	1988
<u>Wierdlaw Dance Sheets</u>	<u>Iain Boyd</u>	0
<u>The World Around The Corner</u>	<u>Iain Boyd</u>	



Killara Workshop

Teachers' Liaison Group

Saturday 27th April 2019

Dancers' Choice!

Tuition on the steps and formations YOU most want to improve on.

Where: Killara Uniting Church Hall

Corner of Karranga Ave & Arnold St, Killara (short walk from Killara station)

When: 10:00am – 1:00pm

Coffee/tea from 9:30am

Morning tea will be supplied (please bring your own mug and water bottle)

How much: \$20 RSCDS members, \$25 non-members

Pay on the day (credit cards accepted)

To register, please contact us with your name, contact details and where you usually dance by 20th April

To have your say on which steps and formations will be taught, please respond with your suggestions ASAP.

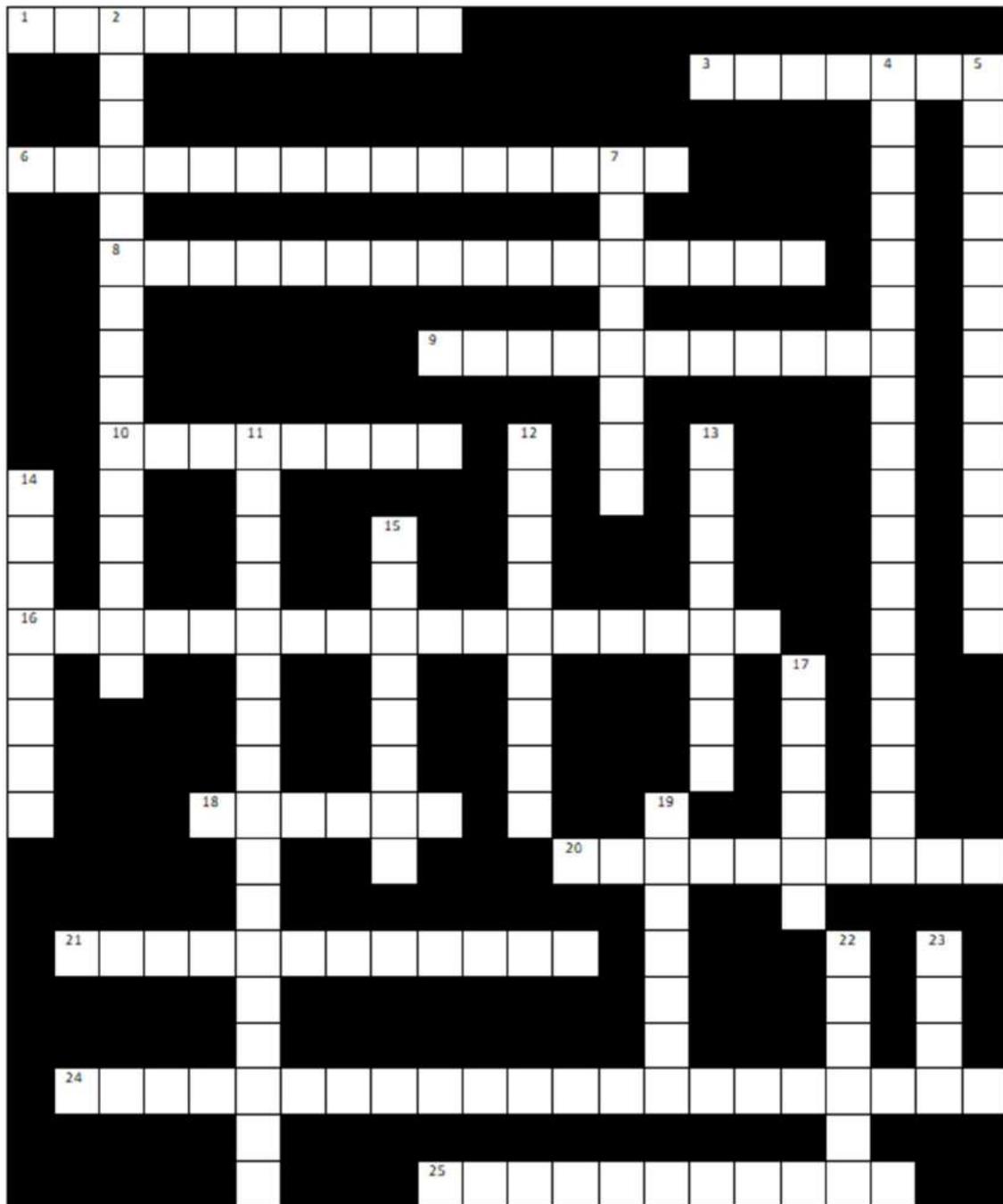
Email: diana.hastie79@gmail.com

Phone: 0413 542 552

Diana's Cool Crossword Puzzle

Scottish Country Dance Crossword No.1

All answers are names of RSCDS dances, occasionally "The" has been omitted from a title.



ACROSS

1. Dance 1 in RSCDS book 1 and gives its name to a type of turn (10)
3. Not The Fauna (2,5)
6. Mr Drewry of Aberdeen (4,2,3,6)
8. Fence doors in Scotland's capital (5,2,9)
9. A famous dolphin (7,4)
10. Nautical tale from the Old Testament (5,3)
16. A famous part of University Hall, St Andrews....but then the floor was renovated (3,9,5)

- 18. Peter Pan tried to catch his (6)
- 20. A percussionist (3,7)
- 21. Keith's list (7,5)
- 24. A musician and a cold bird (3,5,3,3,7)
- 25. The title granted to James Drummond, Earl of this city in central Scotland. Has a nauseating spoonerism. (4,2,5)

DOWN

- 2. A quick 4/4 from the mountainous north (3,8,4)
- 4. The devil's place of storage (3,5,6,4)
- 5. Fall into a season between Loch Linnhe and Loch Creran (6,2,5)
- 7. Marks a 40th anniversary in Queensland (4,4)
- 11. Hurry to the marriage service (5,2,3,7)
- 12. Cold cabbage soup (5,4)
- 13. Large train station in Edinburgh (8)
- 14. Celtic pattern gets you tied up (8)
- 15. Secluded beach near Kirkcudbright, from SCD for Children (3,5)
- 17. An almond or perhaps a macadamia (3,3)
- 19. A village near Jedburgh, sleep with the laws (7)
- 22. Twiddle or wriggle (6)
- 23. It wasnae me! ...also a drama by Samuel Beckett (3,1)

*Answers are at the end of the newsletter.

Upoming Events for Sydney Dancers

Mondays, 6.30pm (begins 29 Apr) City Branch Follow on Class

Mondays, 7.30pm Parramatta District Branch Class
(except public holidays)

Date	Event
18-22 April	National Folk Festival
Saturday 27 April	TLG Dancers Workshop at Killara
Monday 29 April	City Follow On Class begins
Saturday 4 May	HV Day of Dance

Saturday 18 May	Know Your Dance Social
Saturday 25 May	Nowra Social
Saturday 1 June	Beecroft Matinee Social
Saturday 22 June	Sydney Branch Ball
Saturday 29 June	SoTR Chaotic Ceilidh
7-13 July	44th Australian Winter School, Melbourne
Monday 15 July	Visiting Winter School Teacher & Musician
Saturday 20 July	Adelaide Ball
Saturday 27 July	HV Winter Social
Saturday 3 August	Wollongong Social
Saturday 10 August	Winter Social
Saturday 17 August	Caringbah 40th Anniversary Social
16-18 August	Hobart Ball Weekend
Saturday 24 August	TLG Workshop - Teachers AM, Dancers PM
Saturday 7 September	Southern Highlands Social
Saturday 7 September	Cooma Tartan Ball
Saturday 14 September	HV Ball
Saturday 28 September	TLG Teachers' workshop
Saturday 12 October	Kiwis at Killara Social
Saturday 12 October	Canberra Ball
Saturday 19 October	Blue Mountains Social
Saturday 19 October	SoTR Chaotic Ceilidh
Saturday 26 October	Epping Social

1-3 November	Riverwood Downs Weekend
Saturday 30 November	HV St Andrews Social
Saturday 7 December	EOY Social
28 December-5 January	NZ Summer School in Cambridge

Management Committee

President: Jeanette Stephan

Vice President: Debbie Baker

Secretary: Diana Hastie

email: sydney@rscds.org.au

Treasurer: Anna Underhill

email: SydBranTreasurer@gmail.com

Committee Members: Sheri Evans & Tracy Mackenzie

Public Officer: Anna Underhill

Teachers' Liason Group

Chairperson: Debbie Baker

Secretary: Morag Napier

Treasurer: Diana Hastie

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Facebook: Diana Hastie
www.facebook.com/groups/dancedownunder/

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Crossword Answers - How did you go?

P	E	T	R	O	N	E	L	L	A											
		H												L	A	F	L	O	R	A
		E															L		U	
J	O	H	N	O	F	B	O	N	A	C	C	O	R	D					D	T
		I											U						N	U
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				G					D	U	K	E	O	F	P	E	R	T	H		

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